

# IRONMAN NOVICE



## CHOCTAW



Hosted by: IRONMAN WRESTLING

Saturday, December 8<sup>TH</sup>, 2018

CHOCTAW HS GYM,  
14300 NE 10<sup>TH</sup> CHOCTAW, OK 73160



@ conclusion of morning session  
Session Time: **Div. I-IV Sat. 1:00M**  
**SEE QUICK INFO FOR REMOTE WEIGH-IN LOCATIONS**



Weigh-in: All Divs. Fri. 6- 7pm Sat. 6:30-7am



Entry Deadline: **THURS. - DEC. 6<sup>th</sup> - 10PM**  
Entry Fee: \$15 per wrestler. Make checks to IRONMAN WRESTLING

Contact info: Theresa Coleman 405-306-3957 [Ironmanwrestling@gmail.com](mailto:Ironmanwrestling@gmail.com)

\*\*Coaches/Coordinators pay for all entries at one time during weigh in. All wrestlers must be paid including no-shows and wrestlers not making weight\*\*

Div I (6 & under) :37, 40, 43, 46, 49, 52, 55, 60, 66, HWT

Div II (8 & under) :43, 46, 49, 52, 55, 58, 61, 64, 67, 70, 75, 83, 90, 105, HWT

Div III (10 & under) :52, 55, 58, 61, 64, 67, 70, 73, 76, 80, 85, 90, 100, 110, 120, 130, HWT

Div IV (12 & under) :64, 67, 70, 73, 76, 80, 84, 88, 92, 96, 100, 105, 110, 120, 130, 140, 160, HWT

Periods: Div I-IV 1,1,1 all consolation 1,1,1

Awards: **MEDALS** for 1<sup>st</sup> – 4<sup>th</sup>

### Format/Rules:

- Must weigh-in with singlet on
- Shoelaces must be taped or have lace guards during matches
- Oklahoma High School wrestling rules will be followed
- Age protests must be supported by birth certificates
- We combine weights if necessary. 2& 3-man round robins
- Child abuse, abusive language, and improper conduct will not be tolerated

Home of the  
CHOCTAW YELLOWJACKETS  
2016 6A  
WRESTLING & ACADEMIC  
STATE CHAMPIONS  
COACH BENNIE COLEMAN



Coaches Passes: OKWA rules.

Choctaw Public Schools, Ironman Wrestling, officers, coaches, sponsors and organizers assume no liability for accident, injury, theft, or fire.