



NGC THROWDOWN



Novice/Open/Girls divisions

Date: December 1, 2018

Time: 1st session- Girls and Open 9:00am
2nd session- Novice will not start before 1:00pm
We will post later start time on Quick Info, if needed

Weigh In and Tournament Location:

Norman High School Gym, 911 W Main St. Norman, OK 73069

Gate Fee: \$5.00 Adults; \$3.00 Seniors 60 years and older; Minors under 5 free

Entry Fee: \$15 per wrestler per entry. Wrestlers may enter more than one division. **Wrestlers who no longer qualify for novice may NOT enter novice.** Teams must be paid for with cash or team check prior to the start of the tournament. All wrestlers must be paid for including no shows. Make team check payable to *Norman Grappling Club*.

Entry: Online entries only at okwa.us. Deadline is 10:00 p.m., Thursday, November 29th 2018.

Coaches Passes: 1 pass per 5 wrestlers. **Only 2 coaches in the corner.* Floor passes \$20, *strictly enforced.*

Weigh-Ins:

Friday, November 30th, 6:00pm-7:00pm – All divisions at Norman High School Gym

Saturday, December 1st, 6:30am-7:30am – All divisions at Norman High School Gym

See “Quick Info” on okwa.us for remote weigh-in locations

Div I (Novice and Open) (6U): 37, 40, 43, 46, 49, 52, 55, 60, 66, HWT

Div II (8U): 43, 46, 49, 52, 55, 58, 61, 64, 67, 70, 75, 83, 90, 105, HWT

Div III (10U): 52, 55, 58, 61, 64, 67, 70, 73, 76, 80, 85, 90, 100, 110, 120, 131, HWT

Div IV (12U): 64, 67, 70, 73, 76, 80, 84, 88, 92, 96, 100, 105, 110, 120, 130, 140, 160, HWT

Div V (Girls and Open) (15U): 80, 89, 98, 106, 113, 120, 126, 132, 140, 150, 162, 175, 200, HWT

Girls' divisions will be Madison bracketed. Enter Girls' OKWA division and weight on okwa.us. We reserve the right to combine weights for any division.

Awards: 1st – 4th place in each bracket and **team awards** for 1st place in each open division and girls overall. Medals will only be given for brackets that make. Outstanding wrestler awards for Open and Girls divisions.

Tournament Information: Jennifer Lancaster, Tournament Director, email normangrappling@gmail.com.
Carl Lancaster, Head Coach, Norman Grappling Club, 405-823-9168, or email normangrappling@gmail.com.

Rules and Regulations:

- All Novice & Div I Open matches 1-1-1. Girls and Open Div II – V matches 1.5-1.5-1.5, Consolation 1-1-1
- Birthday cut-off: September 1, 2018. Any protests must be made prior to the start of the tournament.
- No challenge match for 2nd.
- High School Federation rules. Head gear requirements will be determined by officials. No mandatory rest requirement. Referee match decisions will be final.
- All participants must have their own insurance. Norman Public Schools and Norman Grappling Club assumes no liabilities for fire, accidents, injuries, or theft. Child abuse will not be tolerated.